

## ABSTRACT

Variable	Mean	SD	Min	Max	Skewness	Kurtosis	Normality
Age	35.2	12.5	18	65	0.15	3.2	0.98
Gender	1.2	0.4	1	2	0.05	3.0	0.99
Education	12.5	2.1	9	16	0.25	3.5	0.97
Income	4500	1500	1000	10000	0.35	3.8	0.96
Marital Status	1.5	0.5	1	2	0.10	3.1	0.98
Occupation	2.5	1.2	1	5	0.20	3.4	0.97
Health Status	1.8	0.6	1	3	0.08	3.0	0.99
Stress Level	3.2	1.5	1	5	0.30	3.7	0.96
Life Satisfaction	4.5	1.0	3	6	0.12	3.2	0.98
Resilience	2.8	1.1	1	5	0.22	3.6	0.97
Optimism	3.8	1.2	2	5	0.18	3.3	0.98
Emotional Stability	2.5	0.9	1	4	0.05	3.0	0.99
Self-Esteem	3.5	1.0	2	5	0.15	3.2	0.98
Life Purpose	4.2	1.1	3	5	0.10	3.1	0.98
Gratitude	3.0	1.0	2	4	0.12	3.2	0.98
Forgiveness	2.8	1.0	1	4	0.15	3.3	0.97
Empathy	3.5	1.1	2	5	0.10	3.1	0.98
Resilience	2.8	1.1	1	5	0.22	3.6	0.97
Optimism	3.8	1.2	2	5	0.18	3.3	0.98
Emotional Stability	2.5	0.9	1	4	0.05	3.0	0.99
Self-Esteem	3.5	1.0	2	5	0.15	3.2	0.98
Life Purpose	4.2	1.1	3	5	0.10	3.1	0.98
Gratitude	3.0	1.0	2	4	0.12	3.2	0.98
Forgiveness	2.8	1.0	1	4	0.15	3.3	0.97
Empathy	3.5	1.1	2	5	0.10	3.1	0.98